

**Supplementary Table 1.** Keywords used for PubMed and Scopus until January 2022

Search	Query
PubMed (n = 1054)	
#1	Sleep [Mesh] OR Sleep [Text Word] OR Sleep Disorders [Mesh] OR Sleep Disorders [Text Word] OR Sleep Disorder [Mesh] OR Sleep Disorder [Text Word] OR Insomnia [Mesh] OR Insomnia [Text Word] OR Sleeplessness [Mesh] OR Sleeplessness [Text Word] OR Sleep disturbance [Mesh] OR Sleep disturbance [Text Word] OR Narcolepsy [Mesh] OR Narcolepsy [Text Word] OR Narcoleptic Syndrome [Mesh] OR Narcoleptic Syndrome [Text Word] OR Hypersomnia [Mesh] OR Hypersomnia [Text Word] OR Apnea [Mesh] OR Apnea [Text Word] OR restless legs syndrome [Text Word] OR restless legs syndrome [Mesh] OR Obstructive sleep apnea [Mesh] OR Obstructive sleep apnea [Text Word] OR Snoring [Mesh] OR Snoring [Text Word] OR Sleep duration [Text Word] OR Sleep Habits [Text Word]
#2	Self-rated health [Text Word] OR Self-reported health [Text Word] OR Self-assessed health [Text Word] OR perceived health [Text Word]
Final	#1 AND #2
Scopus (n = 1328)	
#1	“Sleep” OR “Sleep Disorders” OR “Sleep Disorder” OR “Insomnia” OR “Sleeplessness” OR “Sleep disturbance” OR “Narcolepsy” OR “Narcoleptic Syndrome” OR “Hypersomnia” OR “Apnea” OR “restless legs syndrome” OR “Obstructive sleep apnea” OR “Snoring” OR “Sleep duration” OR “Sleep habits”
#2	“Self-rated health” OR “Self-reported health” OR “Self-assessed health” OR “Perceived health”