

**Supplementary Table 1.** Search strategy of study

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((("Pregnant Women"[Mesh] OR "Pregnancy"[Mesh]) OR ( "Pregnancy Trimester, Third"[Mesh] OR "Pregnancy Trimester, Second"[Mesh] OR "Pregnancy Trimester, First"[Mesh] )) OR ( "Postpartum Period"[Mesh] OR "Postnatal Care"[Mesh] )) AND "Sleep Wake Disorders"[Mesh]

((("Pregnant Women"[Mesh] OR "Pregnancy"[Mesh]) OR ( "Pregnancy Trimester, Third"[Mesh] OR "Pregnancy Trimester, Second"[Mesh] OR "Pregnancy Trimester, First"[Mesh] )) OR ( "Postpartum Period"[Mesh] OR "Postnatal Care"[Mesh] )) AND "Dyssomnias"[Mesh]

((("Pregnant Women"[Mesh] OR "Pregnancy"[Mesh]) OR ( "Pregnancy Trimester, Third"[Mesh] OR "Pregnancy Trimester, Second"[Mesh] OR "Pregnancy Trimester, First"[Mesh] )) OR ( "Postpartum Period"[Mesh] OR "Postnatal Care"[Mesh] )) AND "Sleep Disorders, Circadian Rhythm"[Mesh]

((("Pregnant Women"[Mesh] OR "Pregnancy"[Mesh]) OR ( "Pregnancy Trimester, Third"[Mesh] OR "Pregnancy Trimester, Second"[Mesh] OR "Pregnancy Trimester, First"[Mesh] )) OR ( "Postpartum Period"[Mesh] OR "Postnatal Care"[Mesh] )) AND "Sleep Deprivation"[Mesh]

((("Pregnant Women"[Mesh] OR "Pregnancy"[Mesh]) OR ( "Pregnancy Trimester, Third"[Mesh] OR "Pregnancy Trimester, Second"[Mesh] OR "Pregnancy Trimester, First"[Mesh] )) OR ( "Postpartum Period"[Mesh] OR "Postnatal Care"[Mesh] )) AND "Parasomnias"[Mesh]

((("Pregnant Women"[Mesh] OR "Pregnancy"[Mesh]) OR ( "Pregnancy Trimester, Third"[Mesh] OR "Pregnancy Trimester, Second"[Mesh] OR "Pregnancy Trimester, First"[Mesh] )) OR ( "Postpartum Period"[Mesh] OR "Postnatal Care"[Mesh] )) AND "Restless Legs Syndrome"[Mesh]

((("Pregnant Women"[Mesh] OR "Pregnancy"[Mesh]) OR ( "Pregnancy Trimester, Third"[Mesh] OR "Pregnancy Trimester, Second"[Mesh] OR "Pregnancy Trimester, First"[Mesh] )) OR ( "Postpartum Period"[Mesh] OR "Postnatal Care"[Mesh] )) AND "Sleep Arousal Disorders"[Mesh]

((("Pregnant Women"[Mesh] OR "Pregnancy"[Mesh]) OR ( "Pregnancy Trimester, Third"[Mesh] OR "Pregnancy Trimester, Second"[Mesh] OR "Pregnancy Trimester, First"[Mesh] )) OR ( "Postpartum Period"[Mesh] OR "Postnatal Care"[Mesh] )) AND ("Sleep Wake Disorders"[Mesh] OR "Dyssomnias"[Mesh] OR "Sleep Disorders, Circadian Rhythm"[Mesh] OR "Sleep Deprivation"[Mesh] OR "Parasomnias"[Mesh] OR "Restless Legs Syndrome"[Mesh] OR "Sleep Arousal Disorders"[Mesh]))

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